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NABEEL ALSHAFI
NEURO SPINE

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THE COMPREHENSIVE NEURO REHABILITATION REVIEW

May 14, 2026

10:00 (GMT +0) Greenwich Mean Time

13:00 (GMT +3) Arabian Standard Time

Host & Course Director



Nabeel S. Alshafai MD FRCS(C) EBNS ABNS (Eligible)
NS Neuro Spine (Bahrain and Saudi Arabia), Chairman

Head of Neurosurgery
The Royal Commission Hospital, KSA

Course Director



David Cifu MD, BA, PMR
Professor, Department Head
School of Medicine Physical Medicine & Rehabilitation
Virginia Commonwealth University
Virginia, USA

Bridging Neuroscience and Clinical Rehabilitation.



Registration Fee:

150 (Student)
300 (Resident / Physiotherapist)
400 (Registrar)
500 (Consultant)

**LIMITED SEATS
AVAILABLE**

Email for inquiries:
info@alshafaiacademy.org

Registration:
www.chnreview.com

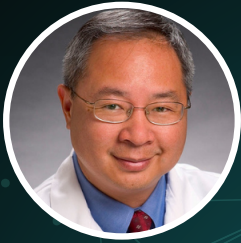


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Faculty



Henry Lew MD (ABPMR), PhD
Professor, University of Hawaii at Manoa
Director, Rehabilitation Medicine Education
Hawaii, USA



Darryl Kaelin MD, PMR
Medical Director
Frazier Rehabilitation Institute
Kentucky, USA



John Hermansen MD, PMR
Physical Medicine and Rehabilitation
Virginia Commonwealth University
Virginia, USA



Daniel Tsukanov MD, PMR
Physical Medicine and Rehabilitation
Virginia Commonwealth University
Virginia, USA



Maher Binjadid MD, MBBS
Consultant Physician / Clinical Professor
Diretor of Functional Health Care Services
Prince Sultan Military Medical City
Riyadh, KSA

PROGRAM SCHEDULE :

PM&R Basics of Acute Neurotrauma and Neurological Disorders

- 13:00 – 13:05 **Nabeel S. Alshafai**, Introduction and Opening Remarks
13:05 – 13:25 **Maher Binjadid**, Overview of PM&R Assessment
13:25 – 13:40 **Nabeel S. Alshafai**, The Role of Neurosurgeon in Rehabilitation
13:40 – 14:05 **Darryl Kaelin**, Managing Spasticity, Pain and Sleep
14:05 – 14:10 Q & A
14:10 – 14:35 **David Cifu**, Managing Bowel, Bladder, and Skin Care
14:35 – 14:40 Q & A
14:40 – 15:05 **Henry Lew**, Behavioral Management, Cognitive and Speech and Communication Disorders
15:05 – 15:10 Q & A
15:10 – 15:25 **Darryl Kaelin**, VTE/DVT, Seizure and Hydrocephalus Monitoring and Management
15:25 – 15:30 Q & A

15:30 – 15:45 Break

Case Presentations – Assessment and ICU/Acute Management – SCI Tumor

15:45 – 16:45 **All Faculty**, Interactive Panel Presentation and Q&A Session

16:45 – 17:00 Prayer / Break

PM&R and Rehab Therapy Interventions

- 17:00 – 17:25 **John Hermansen**, Considerations for Mobilization, Sarcopenia, Cardiovascular, Weight-Bearing , and a Return to Activity
17:25 – 17:30 Q & A
17:30 – 17:55 **David Cifu**, Post-Acute Outcomes for SCI, TBI, Stroke, Brain Tumor
17:55 – 18:00 Q & A
18:00 – 18:25 **Daniel Tsukanov**, Innovative Approaches to Central and Peripheral Pain
18:25 – 18:30 Q & A
18:30 – 18:55 **Henry Lew**, Community Care (Driving, Vocational, TeleRehab, Remote Monitoring)
18:55 – 19:00 Q & A
19:00 – 19:25 **John Hermansen**, Innovative Strategies (TMS, Telehealth, Stem Cells, Red Light Therapy, Robotics, Computer-Brain Interfaces, Implanted cerebral microchips, Epidural Stimulation)
19:25 – 19:30 Q & A

19:30 – 20:00 Dinner / Lunch Break

Case Presentations – Interventions and Outcomes – TBI, Stroke, Brain Tumor

- 20:00 – 20:50 **All Faculty**, Interactive Panel Presentation and Q&A Session
20:50 – 21:00 **Nabeel S. Alshafai**, Closing Remarks

To provide a concise, practical update on evidence-based strategies that promote functional recovery after neurologic al injury, supporting effective clinical decision-making and patient-centered care.